

# 2024-2025 MEAL PLANS

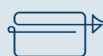


## Find Your Fit

| MEAL PLAN  | MEAL SWIPES                                      | MEAL EXCHANGES*                 | FLEX DOLLARS | PRICE (PER SEMESTER) |
|------------|--------------------------------------------------|---------------------------------|--------------|----------------------|
| Unlimited  | Unlimited                                        | 1 Per Day<br>(5 Total Per Week) | \$100        | \$3,725              |
| Weekly 15  | 15 Per Week                                      | 1 Per Day<br>(5 Total Per Week) | \$225        | \$3,492              |
| Weekly 12  | 12 Per Week                                      | 1 Per Day<br>(5 Total Per Week) | \$360        | \$3,492              |
| Weekly 10  | 10 Per Week                                      | 1 Per Day<br>(5 Total Per Week) | \$400        | \$3,492              |
| Blue Plan  | 45 Meal Swipes or<br>Meal Exchanges Per Semester |                                 | \$100        | \$510                |
| Gold Plan  | 25 Meal Swipes or<br>Meal Exchanges Per Semester |                                 | \$75         | \$350                |
| White Plan | 15 Meal Swipes or<br>Meal Exchanges Per Semester |                                 | \$50         | \$250                |

For Weekly Villa plans, please visit [ncwu.campusdish.com/mealplans](http://ncwu.campusdish.com/mealplans) \*Meal Exchange pulls from allotted swipes

## Know Your Perks



### MEAL SWIPES

Meal Swipes are used to get into the Blue & Gold Dining Hall and come with all meal plans. Once you've selected the perfect meal plan, your student ID becomes your meal swipe pass—because less cards equal less stress.



### MEAL EXCHANGE

A feature of every meal plan, Meal Exchanges can be used to purchase select combo meals at campus dining locations, adding even greater flexibility and convenience.



### FLEX DOLLARS

Flex Dollars are included with all meal plans and can be used at all locations (from grabbing a snack, to ordering late night options, and everything in between)! Running low?! Add more Flex Dollars at [ncwu.campusdish.com](http://ncwu.campusdish.com).

## Ask A Dietitian



Our dining team works hard to accommodate students with dietary restrictions due to food allergies or intolerances. Please contact our Registered Dietitian for more information about dining options that fit your needs.

**KELLI WOOD, MS, RD, LDN**  
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Let's Get  
**SOCIAL**



@ncwudining

MEAL PLAN QUESTIONS? VISIT [NCWU.CAMPUSDISH.COM](http://NCWU.CAMPUSDISH.COM)



## Dining

### DINING LOCATIONS & MEAL EXCHANGE

#### **BLUE & GOLD DINING HALL**

An all-you-care-to-eat facility offering a variety of stations from home cooking, grill station, full salad bar, pizza and pasta, deli, desserts, and allergen-friendly food. Make the meal that suits you by mixing and matching from stations to get the best of everything.

#### **BURGERS + FRIES**

Burgers + Fries is located in the Hartness Student Center and features delicious burger combos and sides. We also offer a permanent Meal Exchange menu including a cheeseburger combo meal, chicken tender combo meal, and chicken tender sandwich combo meal at this location.

- Resident students may use their Meal Exchange swipes at Burgers + Fries Sunday-Thursday from 5p-10p. Burgers + Fries is closed Friday and Saturday.

#### **BISHOP BISTRO**

The Bishop Bistro is located in Pearsall Library which features a We Proudly Serve Starbucks coffee shop and fresh grab-and-go items such as salads, wraps, and sandwiches.

- Meal Exchange options include choice of sandwich, wrap, or salad + chips or whole fruit + drink.
- Students with a resident or commuter meal plan will be able to use a Meal Exchange swipe for a Starbucks beverage, in addition to other posted Meal Exchange options.

## VIEW OUR HOURS & MENUS

Scan the QR code or visit us  
at [ncwu.campusdish.com](http://ncwu.campusdish.com)!

